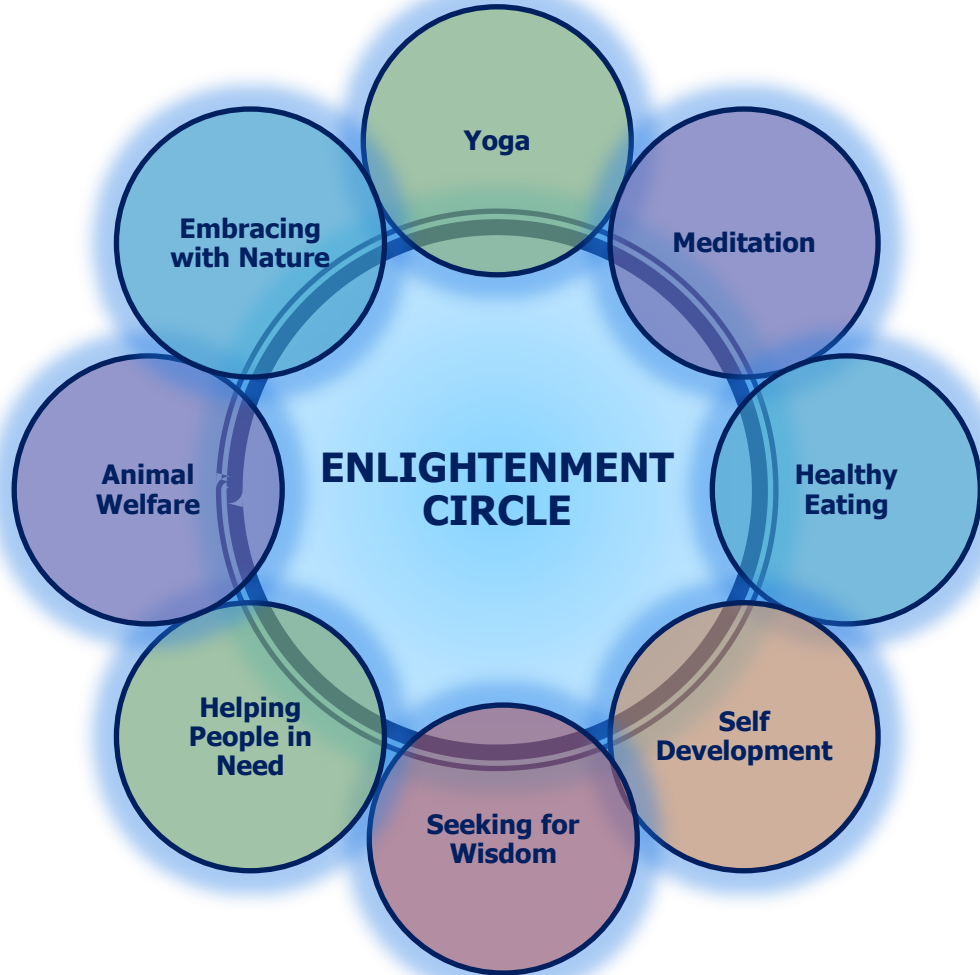




## Vision and Objectives



The Prime Objective of the team should focus on the following areas:

- a) Yoga
- b) Meditation
- c) Healthy Eating
- d) Self-development
- e) Seeking the knowledge for wisdom
- f) Helping People in Need
- g) Animal Welfare
- h) Embracing with Nature

This group of activities could be best named as "**Enlightenment Circle**". These activities should be targeted for all age groups and heavily focused on the "Teenage Group" which are vulnerable in the current environment.



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This objective could be achieved by the following means.

- a) Facilitating techniques of Yoga, meditation and breathing.
- b) Lending and reference library facility such as - Books, Videos, DVDs and Audio CDs
- c) Facilitating discussion groups
- d) Organising lectures in related topics
- e) Organise tours, visits and field trips to various cultural centres in U.K and Europe.
- f) Inspire the thirst for knowledge by providing information in relevant areas.
- g) Reaching fellow human beings who are living below the poverty line in the UK and overseas
- h) Respond to fellow human beings in need of help due to natural disasters
- i) Embrace activities related to mother Nature

Target audience could be categorised as follows:

1. Group A: Teenagers - 13-19 years

- a) Create activities to live in harmony with the western society without losing their social, cultural and religious values and without impacting on their studies.
- b) Facilitate them to read & stimulate productive discussions among themselves.
- c) Invite relevant people for discussions in the appropriate topics.
- d) Organise a club to motivate them.
- e) Activities to be organised with the help of the youngsters within group B and to act as mentor for this group.

2. Group B: 20-35 years

- a) Guide them & brief the topics
- b) Organising lectures in related topics.
- c) Arranging tours with the help of Group C.
- d) Counselling activities on health, emotional, work stress etc.
- e) Actively using library resources.

3. Group C: 35 years onwards

- a) This category consists of people born and brought up in the motherland & born and brought up in the west.
- b) Specific type of lectures for this group.
- c) Material made available for seeking the knowledge of wisdom.
- d) Stimulate discussions for this groups I.e. Read and discuss topics.
- e) Seek wisdom and self-enquiry – this could be a demanding group for the thirst for the knowledge of wisdom.
- f) Better understanding in meditation, yoga, self-development, health & social challenges.



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4. Outreach activities for all age groups

- a) Feeding the needy
- b) Help Children In need for a all age groups
- c) Children Educational assistance
- d) Provide clothing to the needy
- e) Providing opportunity for sustainable living to the needy
- f) Assistance in providing drinking water
- g) Restoring eye vision for the needy
- h) Support animal welfare where appropriate
- i) Embrace nature with every living beings on earth